

Jazzercise Fitness Class Schedule - FALL 2019

Effective September 3 - November 30

Important Changes to Note:

September 2 - Only class of the day @ 9:30am - Team Teaching
 November 11 - Only class of the day @ 9:30am
 October 30th - Team Teaching/Pumpkin Pumping Halloween Party
 November 28-29 - CLOSED for Thanksgiving
 December 6 - Parade Float Decorating @10:30am
 December 6 - Alpine Parade of Lights 5pm-9pm
 December 24 - 4:30pm class CLOSED for Christmas Eve
 December 25-26 - CLOSED for Christmas
 January 1st - New Year, New Rear Party Class @ 11:00am
****The 2nd Saturday of the month, class will be at 8:30am****

MONDAY

| TIME | CLASS | INSTRUCTOR |
|---------|-------------|------------|
| 7:00 am | Dance Mixx | Susan |
| 9:30 am | Dance Mixx | Jalissa |
| 5:30 pm | Strength 30 | Karen |
| 6:00 pm | Dance Mixx | Karen |

TUESDAY

| TIME | CLASS | INSTRUCTOR |
|---------|-------------|------------|
| 8:00 am | Strength 30 | Susan |
| 8:30 am | Dance Mixx | Susan |
| 4:30 pm | Dance Mixx | Karen |

WEDNESDAY

| TIME | CLASS | INSTRUCTOR |
|---------|-------------|---------------|
| 7:00 am | Dance Mixx | Susan |
| 9:30 am | Dance Mixx | Jalissa/Karen |
| 5:30 pm | Strength 30 | Jalissa |
| 6:00 pm | Dance Mixx | Jalissa |

THURSDAY

| TIME | CLASS | INSTRUCTOR |
|---------|-------------|------------|
| 8:00 am | Strength 30 | Susan |
| 8:30 am | Dance Mixx | Susan |
| 4:30 pm | Dance Mixx | Karen |

FRIDAY

| TIME | CLASS | INSTRUCTOR |
|---------|------------|---------------|
| 9:30 am | Dance Mixx | Jalissa/Karen |

SATURDAY

| TIME | CLASS | INSTRUCTOR |
|---|------------|------------|
| 9:00 am **8:30 am - 2nd Sat. of Month | Dance Mixx | Varies |