

Alpine Library Events

1752 Alpine Blvd, Alpine, CA 91901

Phone: (619) 445-4221

www.facebook.com/AlpineLibrary

www.sdcl.org

January 2020



Library Hours

Mon & Wed: 9:30 AM - 6 PM

Tue & Thu: 9:30 AM - 8 PM

Fri & Sat: 9:30 AM - 5 PM

Sun: Closed

For Kids

Storytimes

Cuentame Cuentos (Ages 2-5 years)

1st Mondays at 10:30 am

Storytime in Spanish and English followed by fun, educational activities.

Toddler Playdate (Ages 1-3 years)

Mondays (except 1st Mondays) at 10:30 am

Meet other parents and caregivers, and watch the littles enjoy our collection of active toys and games. Hula Hoops! Music! Bubbles! Fun!

Storybox Theatre/ Kamishibai (All Ages)

1st Tuesdays at 10:30 am

Japanese-style storytelling with professional actor Walter Ritter.

Toddler Storytime & Recess (Ages 18-24 Months)

Tuesdays (except 1st Tuesdays) at 10:30 am

Enjoy simple stories, rhymes, and music followed by playtime.

Preschool Storytime & Imagination Station (Ages 3-5)*

Wednesdays at 10:30 am

Enjoy songs and stories followed by arts & crafts!

Preschool Play (Ages 3-5 years)

Thursdays at 10:30 am

Learn School Readiness skills through fun and play.

Baby Storytime & Playtime (Ages 0-18 Months)

Fridays at 10:30 am

Simple reading, rhymes, music, and meeting with other families!

Family Playtime (All ages)

Saturdays from 9:30 am to noon

Join us on Saturday mornings for family activities for all ages.

After-School Activities

Ruff Readers (For early readers)

Tuesdays at 3:30 pm

Read to a therapy dog! Drop in, or sign up in advance to save a spot.

STEAM Power Hour (Grades 1-5)*

Fridays at 3:30 pm

Fun with science experiments, coding and more.

For Teens

Afterschool Hangout (Grades 6-12)

Weekdays from 3-5 pm

Hang out in our Resource Room after school. Snacks OK. Homework OK. Wasting time OK. You do you.

Teen Activity Hour (Grades 6-12)*

Wednesdays at 3:00 pm

Fun activities, games and crafts for teens.

Gaming Lounge (Grades 5-12)

Thursdays at 3:30 pm

PS4 & Wii U gaming on the big screen in the Resource Room.

For Adults

Alpine Book Club

Saturday, January 18 at 10 am

This month we will discuss *The Other Boleyn Girl* by Philippa Gregory.

Mystery Book Club

Tuesday, January 21 at 5 pm

This month's book is *Matchup*, by many famous mystery authors, edited by Lee Child.

Tech Help Drop-In

Wednesdays from 1-3 pm

Frustrated and confused?

Get help with using a computer, tablet or smartphone.

Gentle Strengthening & Restorative Stretch* (Ages 18+)

Saturdays at 9:45 am, except January 18

A mat exercise class that incorporates body alignment and resistance, core strengthening, balance work and restorative stretching. Fitness beginners welcome. Bring an exercise mat and water.

For Everyone

Alpine Garden Club

Thursday, January 9 at 6 pm

Make new friends and learn more about gardening in our climate!

This month's presentation is by landscape designer Carolyn Kalb, who will talk about Elements of Landscape Design.

Laughter Yoga

Wednesdays at 10 am, except January 29

Laughter yoga is a fun, gentle way to feel better and get in touch with your body. This class is geared for adults with developmental disabilities and their caregivers, but all are welcome.

Watercolor for Beginners (Ages 16+)*

Fridays, January 10 and 24 at 10 am

Watercolor painting workshop for beginners and up. Freestyle with basic techniques. Space is limited, so come early! All supplies provided.

Crochet Corner

Wednesdays at 3 pm

Beginners & experts welcome. Bring your own materials or use ours.

Special Events

STEM Exploration Day with the San Diego Children's Discovery Museum

Saturday, January 18 from 10 am to 2 pm

SDCDM is bringing its STEM exhibits to the Alpine Library!

Enjoy challenges such as the Ball Wall, Wind Tunnel, Coding Station, and more (subject to availability). Designed for preschool through early elementary school, but fun for all ages!

The Unexpected Benefits of a Tidy House

Thursday, January 23 at 6 pm

Do you feel overwhelmed by clutter? When your space is cluttered, it can also affect your mind. Get the tools and knowledge you need to transform your home and your life using the KonMari Method™ — founded by best-selling author and tidying expert, Marie Kondo. By letting go of items that do not spark joy, you will gain the energy and headspace to focus on the things that matter most to you.

Janine Morales is an organizational coach trained and certified in the KonMari Method. She teaches clients how to live a joyful life through the art of organization.



Craft Supplies Swap

Saturday, February 1 at 2 pm

It's time to clear out the stash! Bring in those craft supplies you're just not going to use, and trade for something different. It's a chance to meet other crafters, share ideas, and plan out your projects for the new year! Refreshments provided.

* Made possible by the Alpine Library Friends Association

| January 2020 | | | | | | |
|--------------|---|---|---|--|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | | 1 Closed for New Year's Day | 2 10:30 AM Preschool Play | 3 10:30 AM Baby Storytime & Playtime | 4 9:30 AM Family Playtime 9:45 AM Gentle Strengthening and Restorative Stretch |
| 5 | 6 10:30 AM Cuentame Cuentos 3:00 PM Afterschool Hangout | 7 10:30 AM Storybox Theatre/ Kamishibai 3:00 PM Afterschool Hangout 3:30 PM Ruff Readers | 8 10:00 AM Laughter Yoga 10:30 AM Preschool Storytime & Imagination Station 1:00 PM Tech Help Drop In 3:00 PM Afterschool Hangout 3:00 PM Teen Activity Hour: String Art 3:00 PM Crochet Corner | 9 9:30 AM Kingdom Quilters 10:30 AM Preschool Play 3:00 PM Afterschool Hangout 3:30 PM Teen/Tween Gaming Lounge 6:00 PM Alpine Garden Club | 10 10:00 AM Watercolor for Beginners 10:30 AM Baby Storytime & Playtime 3:00 PM Afterschool Hangout 3:30 PM STEAM Power Hour | 11 9:30 AM Family Playtime 9:45 AM Gentle Strengthening and Restorative Stretch |
| 12 | 13 10:30 AM Toddler Playdate 3:00 PM Afterschool Hangout | 14 10:30 AM Toddler Storytime & Recess 3:00 PM Afterschool Hangout 3:30 PM Ruff Readers | 15 10:00 AM Laughter Yoga 10:30 AM Preschool Storytime & Imagination Station 1:00 PM Tech Help Drop In 3:00 PM Afterschool Hangout 3:00 PM Teen Activity Hour: Sew it Up! 3:00 PM Crochet Corner | 16 10:30 AM Preschool Play 3:00 PM Afterschool Hangout 3:30 PM Teen/Tween Gaming Lounge | 17 10:30 AM Baby Storytime & Playtime 3:00 PM Afterschool Hangout 3:30 PM STEAM Power Hour | 18 10:00 AM Alpine Book Club 10:00 AM San Diego Children's Discovery Museum Exhibits |
| 19 | 20 Closed for Martin Luther King, Jr. Day | 21 10:30 AM Toddler Storytime & Recess 3:00 PM Afterschool Hangout 3:30 PM Ruff Readers 5:00 PM Mystery Book Club | 22 10:00 AM Laughter Yoga 10:30 AM Preschool Storytime & Imagination Station 1:00 PM Tech Help Drop In 3:00 PM Afterschool Hangout 3:00 PM Teen Activity Hour: Wire Jewelry 3:00 PM Crochet Corner | 23 10:30 AM Preschool Play 3:00 PM Afterschool Hangout 3:30 PM Teen/Tween Gaming Lounge 6:00 The Unexpected Benefits of a Tidy Home | 24 10:00 AM Watercolor for Beginners 10:30 AM Baby Storytime & Playtime 3:00 PM Afterschool Hangout 3:30 PM STEAM Power Hour | 25 9:30 AM Family Playtime 9:45 AM Gentle Strengthening and Restorative Stretch 11:00 AM Kingdom Quilters |
| 26 | 27 10:30 AM Toddler Playdate 3:00 PM Afterschool Hangout | 28 10:30 AM Toddler Storytime & Recess 3:00 PM Afterschool Hangout 3:30 PM Ruff Readers | 29 10:30 AM Preschool Storytime & Imagination Station 1:00 PM Tech Help Drop In 3:00 PM Afterschool Hangout 3:00 PM Teen Activity Hour: Friendship Bracelets 3:00 PM Crochet Corner | 30 10:30 AM Preschool Play 3:00 PM Afterschool Hangout 3:30 PM Teen/Tween Gaming Lounge | 31 All Day Fine Free Friday 10:30 AM Baby Storytime & Playtime 3:00 PM Afterschool Hangout 3:30 PM STEAM Power Hour | February 1 9:30 AM Family Playtime 9:45 AM Gentle Strengthening and Restorative Stretch 2:00 Craft Supplies Swap |

Many thanks to the Alpine Library Friends Association!

Visit the ALFA Bookstore and help support our collection and programs.

Mondays 10 AM - 4:30 PM **Tuesdays** 10 AM - 7:30 PM

Wednesdays - Saturdays 10 AM - 4:30 PM

